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World Food Portugal (Lonely Planet World Food Portugal)



Synopsis

The texts in this series offer recipes, cuisine highlights maps, and regional and city maps. As well as containing explorations of regional influences and traditional cooking they provide guides to markets, dining out and celebrating in each country plus a cuisine dictionary.

Book Information

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Customer Reviews

For such a small country, Portugal has a wonderfully varied and diverse cuisine. Until now, the only other book that gave it any justice was Jean Anderson's "The Food of Portugal." This book is right-on with regional specialties like the "queijada" of Sintra, and many other delights. This whole series is good, and I hope it will continue to be, but this one is outstanding. I will use it on my next trip to Portugal, where I have been twice already. The food is one of the things that delights me most about the country.

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We loved this book as a companion to the tour books we bought in preparation for a trip to Portugal. Why? Because it was full of explanations of Portuguese tradition. The guide books were useful in helping us decide what to see, but they gave us none of the "heart" behind this amazing country. So we really needed this book to give us a glimpse into the culture of Portugal and what has shaped it over the centuries. A must read for anyone planning to go!

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